



# CPR CERTIFIED TRAINING COURSE



CHILDREN'S AID  
AND FAMILY SERVICES

**WHAT:** IKEA Paramus is offering a beginner's course in CPR. This course will teach you infant, child and adult CPR techniques as well as the Heimlich maneuver. This is a two year certification course which is taught under American Safety Health Institute Guidelines (ASHI). Space is limited to 10 participants per class.

**WHEN:** Wednesday, April 16<sup>th</sup> 9:30am – 12:30pm or 6:00pm – 9:00pm  
Thursday, April 17<sup>th</sup> 9:30am – 12:30pm



**FEE:** \$45.00\*

**DEADLINE:** April 9, 2008, but space is limited!

For further information, please call 201.587.0409 x1336 or email: colc @memo.ikea.com.

*\*100% of the proceeds will go to the non-profit program, Baby Basics, a program run by Children's Aid and Family Services. This program provides nutritional and hygienic essentials for babies, along with parent education and a safety net system of emotional support and referrals for low-income working families. Often, the needs and stresses of these families are neglected. The Baby Basics program ensures success and helps build stronger, healthier families. Course materials to take home, certification card and refreshments are compliments of IKEA Paramus.*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

DAY PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

COURSE DATE: \_\_\_\_\_Wed., April 16<sup>th</sup> 9:30am - 12:30pm \_\_\_\_\_ Wed., April 16<sup>th</sup> 6:00pm – 9:00pm  
\_\_\_\_\_Thurs., April 17<sup>th</sup> 9:30am - 12:30pm

mail form and check to: IKEA / 100 IKEA Dr. / Paramus, NJ 07652 Attn: Corinne Carr

**\*Turrell Child Care Parents can drop off their forms to the TCC receptionist.**

make checks payable to: Children's Aid and Family Services (memo: Baby Basics)

**We are also accepting any supplies on behalf of Baby Basics. If you would like to donate, you can drop them off at IKEA customer service or bring them to the CPR course.**

The following items are needed:

- \*Diapers: all sizes/brands
- \*Baby wipes
- \*Bibs and bottles
- \*Baby shampoo/wash
- \*Baby clothing – new or gently used
- \*Formula: Similac, Enfamil, Isomil and Carnation Good Start